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Documenting the CSUSB COVID-19 Experience

Arthur E. Nelson University Archives

12-3-2020

"COVID-19 Experience Archive Project"

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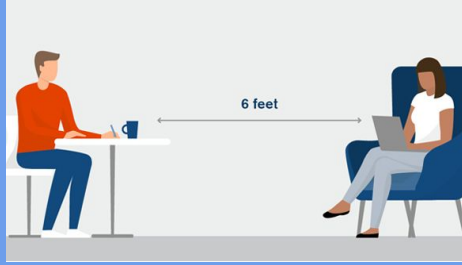
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COVID-19 Experience Archive Project



Life Changes During This Pandemic

- ❖ Following social distancing guidelines in order to interact with one another
 - ❖ Distance learning through zoom meetings
 - ❖ Mental health challenges rising
 - ❖ Staying vigilant
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My Experience So Far...



- ❖ VERY stressed trying to manage being an essential worker & school at the same time
- ❖ Lack of motivation
- ❖ Mental breakdowns due to frustration/stress
- ❖ However, still very BLESSED that my family & I are still healthy throughout this pandemic



Staying Connected to Campus Community

- ❖ Zoom Meetings
- ❖ Discussion board activities
- ❖ Weekly Metawritings
- ❖ Group Projects

